

YOUTH PROGRAMS

Boys & Girls Club

Character and Leadership

Helping youth become responsible caring citizens and acquire skills for participating in the democratic process is the main thrust of these programs.

Torch Club: Targeted for youth ages 9 to 12. Members elect officers and plan and implement their own activities and community service projects.

Keystone Clubs: Clubs are chartered small group leadership development clubs for youth ages 13-18. Keystoners elect officers, choose their own activities and plan and implement community service projects. Keystoners are also encouraged to promote tolerance in their clubs and communities through the Annual National Keystone Project.

National Youth of the Year: Program is designed to promote and recognize service to Club and community, academic performance, and contributions to family and spiritual life. Club to State to Regional to National.

Education and Career Development

Helps youth create aspirations for the future, providing opportunities for career exploration and education enhancement.

Project Learn: Reinforces and enhances the skills and knowledge that young people learn at school through “high-yield” learning activities at the Club and in the home.

Power Hour: A comprehensive homework help and tutoring program, POWER HOUR is designed to raise academic proficiency of Club members ages 9-12.

Goals for Growth: Teaches Club members ages 9-12 skills for setting and achieving goals, helps them identify their own strengths and enhances their self-esteem by reinforcing their progress and recognizing their success in realizing their goals.

Career Explorers Club: Through engaging, interactive sessions and activities, Club members become familiar with the working world, explore career options and their educational/training requirements and begin preparing for employment.

JOB READY: A program that helps teens 13-18 learn how to identify job opportunities, write effective resumes, perform well in interviews, dress appropriately, develop good work habits and get along well with others in the workplace.

Career Launch: Provides a full range of career exploration activities for teens 13-18 and allows teens to take an interest survey, explore careers, identify training or college requirements, seek out financial aid and play career skills-building games.

Health and Life Skills

Help youth achieve and maintain healthy, active lifestyles.

SMART Moves: Skills Mastery and Resistance Training prevention/education program addresses the problems of drug and alcohol use and premature sexual activity

for youth 6-13. The ultimate goal is to promote abstinence from substance abuse and adolescent sexual involvement through the practice of responsible behavior.

Passport to Manhood: A program that promotes and teaches responsibility and reinforces positive behavior in 9-13 year old male members through a variety of small group sessions that include highly interactive activities.

Quick SMART: Through a variety of activities, this prevention program provides teens ages 13-18 with the skills to refuse steroids, tobacco, alcohol, and other drugs and premature sexual involvement.

Kids in Control: This safety awareness program is designed to help 9-12 year olds to develop the personal safety habits and practical skills needed to be safe at the center, the home, and in the neighborhood.

Street SMART: This program builds awareness and resistance skills, participants develop the confidence and knowledge to make intelligent choices.

The Arts Program

Help young people enhance self-expression and creativity, develop multicultural appreciation, provide exposure to and develop skills in craft and visual, performing and literary arts.

National Fine Arts Exhibit: This contest encourages creativity through a variety of media, is made up of local, regional and national exhibits. Youth are encouraged to create artwork in any of the following categories: monochromatic drawing, multicolored drawing, pastels, water color, oil or acrylic, print making, mixed media, collage and sculpture.

National Photography Program and Contest: This program and annual contest encourages youth 6-18 to learn and practice black and white, color, and digital process photography. Recognition is given through local, regional, and national contest/exhibits.

Sports, Fitness and Recreation

Programs in this area help develop fitness, positive use of leisure time, skills for stress management, appreciation for the environment, and social skills.