

The following rules are in accordance with Air Force Instruction 34-101 and local operating instructions established to provide a safe swimming environment for all patrons.

1. Pool Patrons must show U.S. ID card and may have one guest per U.S. ID card holder. Guests are authorized on a space available basis only.
2. All patrons must shower before entering the pool.
3. No one with an obvious evidence of cold, communicable disease, open wounds, lesions, sores, or fungal disease may enter the pool.
4. Glassware of any kind is prohibited inside the pool area. Food and drink are allowed in the designated area. Please dispose of your waste properly in the trash cans provided.
5. Alcohol is not allowed in the pool area. Individuals who are intoxicated, have an odor of alcohol, or are suspected to be under the influence will not be allowed to enter the pool.
6. Smoking is prohibited. If smoking outside, must be a minimum of 50 ft. away from facility and smoke in a designated location which does not impact swimmers or guests.
7. Children between **11-15 years of age** may use the facility unattended if they have successfully passed the swim test and provide a U.S. ID card.
8. Children **15 and under who have not passed the swim test** must be **directly supervised** by an adult or legal guardian. Direct supervision is defined as 2 steps or within an arm's reach of the child. An **adult or guardian is defined as an individual 18 years of age** or older who meets base requirements as a legal guardian for the child.
9. Patrons **16 years of age and over** with a U.S. ID card in their possession may use the facility unattended without passing the swim test.
10. **All Lifejackets and approved floatation devices must be Coast Guard certified.** Patrons using approved floatation devices must be directly supervised, stay in shallow water, and are not allowed on the diving board. Inflatable water wings are an example of a non-approved device.
11. **BREATH HOLDING/SHALLOW WATER BLACKOUT:** Lifeguards enforce the 30-30 rule. No underwater swimming or breath holding for 30 seconds or 30 ft. (9 meters) whichever is first. Swimmers may not swim 30 seconds/30 ft. stop, and then re-swim another 30 seconds or 30 ft.; this is consider hyperventilation/repetitive breath holding and is a prohibited practice which can result in Shallow Water Blackout.

12. **Diapers with fitted plastic/rubber pants or swim** diapers are mandatory for children who are not toilet trained. Disposable diapers are not authorized.

13. Mermaid fins and items which bind the feet are never authorized due to safety concerns.

14. No diving in shallow areas (less than 9 feet deep)

15. Lifeguards have the authority to clear the pool for hourly breaks, unsafe physical conditions, and dangerous weather. They also have the authority to remove anyone from the pool area for repeatedly breaking the rules or if a patron poses a threat to themselves or others.